

## Shanti Path

- a-sa-to<sup>maa</sup> sad-ga-ma-ya –  
– ta-ma-so<sup>maa</sup> jyo-tir ga-ma-ya –  
– mrit-yor<sup>maa</sup> am-ri-tam ga-ma-ya –  
– sar-ve-shaam sva-sti bha-va-tu –  
– sar-ve-shaam shan-tir bha-va-tu –  
– sar-ve-shaam poor-nam bha-va-tu –  
– sar-ve-shaam man-ga-lam bha-va-tu –  
– lo-kaah<sup>SA</sup>-ma-staah su-khi-no-<sup>BHA</sup>-van-tu –  
– aum tr-yam-ba-kam ya-jaa-ma-hai –  
– su-gan-dhim push-TI-va-dha-nam –  
– UR\_VAA\_RU\_KA\_MI\_VA ban-dha-naat –  
– mrit-yor-muk-shee-<sup>YA</sup> maam-rtat –  
  
– aum shaan-tih shaan-tih shaan-TI-hi –  
– ha-RI-i-aum –

## Shanti Path

- om **sa-ha** naa-va-<sup>VA</sup>-tu-
- **sa-ha** nau bhu-<sup>NAK</sup>-tu –
- **sa-ha veer-yam ka-ra**-vaa <sup>VA</sup>-hai –
- **te-jas vi-na-va**-dhee-ta-<sup>MA</sup>-stu –
- <sup>MAA</sup> vid-**vi**-shaa-<sup>VA</sup>-hai –
  
- aum shaan-**tih** shann-**tih** shaan-<sup>TI</sup>-hi –
- ha-<sup>RI</sup>-i aum –

## Mahamrityunjaya Mantra

- aum **tr-yam**-<sup>BA</sup>-kam **ya**-jaa-<sup>MA</sup>-he –
- **su-gan**-dhim push-**ti**-var-dha-<sup>NAM</sup> –
- **ur**-vaa-**ru-ka-mi-va** ban-<sup>DHA</sup>-naat –
- **mrit-yor muk**-shee-**ya** maam-<sup>RI</sup>-taat –

## Gayatri Mantra

- om bhur **bhu**-vah <sup>SWA</sup>-ha –
- tat-sa-vi-tur **va**-ren-<sup>YAM</sup> –
- **bhar-go de**-va-**sya** dhee-<sup>MA</sup>-hi –
- **dhi-yo yo**-nah **pra**-cho-<sup>DA</sup>-yaat –